



Ahousaht Community Covid19 Response Plan



DRAFT 2020 10 27

If, Ahousaht Leadership is notified of positive test result of Covid-19 from Health Officials, this response plan will be activated. It is important for each of us to be **Respectful** of the individual and families; **Be Kind and Gentle**. Do not judge the individual or gossip, please remain respectful. Remember nothing about Covid19 is easy. We must **Work Together** to remain calm, kind and take enhanced safety measures quickly so that we can stop the spread of the virus. We will need everyone to cooperate and participate to stop the spread of Covid19 Virus.

The following steps will be taken to address the Covid-19 Virus.

Ahousaht Covid19 Response Plan			
	Plan A - Low number of isolated Covid19 case(s)	Plan B number Low – Semi High Covid19 more than one cluster	Plan C – High amount of Cases, Outbreak
Ahousaht Leadership Notified	All cases will be kept confidential, no names will be disclosed.		
Self Isolation Plan(s) Cases: Positive for Covid19 are required to isolate for 10 days from when symptoms start.	<p>Option 1: Individual will isolate in own home if the individual is considered healthy prior to being affected by Covid19 virus In Addition: The entire household will all self-isolate. **The household will need to identify an individual outside the household to provide support to ensure essential needs dropped off. ** Option 2: Alternative accommodation available, If the case is not comfortable/able to isolate in own home. OR, if the case has health conditions (such as asthma, disabled, elderly, immune deficiency, or High anxiety) Option 3: If individual Has significant underlying health issues or becomes too ill to stay in the community will be transferred to the nearest COVID receiving hospital. There will be no escorts permitted to travel with the individual. In Addition: After the individual is transferred to hospital; the entire household will self-isolate</p>		
Cases- those with covid-19	<p>With a positive lab test, the person will be immediately contacted by public health or NTC nursing Case is interviewed to determine all people who have may have been exposed to them while infectious. Case is required to isolate for 10 days from when their symptoms started. Case will be followed up daily by public health or NTC nursing until they have completed the isolation period Majority of people with covid-19 can successfully isolate at home</p>		
Contacts – those who may have been exposed while someone was infectious with covid-19	<p>Close contacts are contacted by public health or NTC nursing Required to self isolate for 14 days from the date they last had exposure with the case (person with covid-19) Public health will follow up daily until the self isolation period is completed. Household members of a close contact are not required to be in self isolation No action is required unless you are contacted by Public Health or are otherwise directed</p>		
Testing	Only recommended for people with symptoms		
Transportation for people in isolation. Pending severity of case.	<p>Option 1: Ahousaht Leadership has put a 'Call out' for water taxi owners to submit proposal. Option 2: Coast Guard will be called to bring in paramedics to transport the individual where weather prevents local boat transport Option 3: In the event of a community outbreak BC Emergency Health Services (BC EHS) patient transfer resources will be deployed.</p>		
Next steps	Ahousaht operates as is with safety measures	Ahousaht operates with monitored movement	Community Lock Down in place, effective Immediately
Notify Community	<p>All Gatherings proceed with extra safety requirements, limited numbers, social bubbles, safety requirements Travelling: Essential travel permitted Leave your home:</p>	<p>All Gatherings cancelled for 2-week period; will review status on {Insert Date here} Example: Birthday, Potlucks, Outside Cultural singing groups, Travelling: Essential travel permitted with approval from EOC Leave your Home: Only 1 person can leave your house to pick up essential needs. Can go into your yard, safety measures.</p>	<p>All Gatherings cancelled for 4-week period; will review status on {Insert Date here} Travelling: All travel not permitted unless an emergency. All others will need a pass. Leave your Home: Only 1 person can leave your house to pick up food at Food Distribution. Can go into your yard, safety measures. No visitors to community except public health officials</p>
Privacy & Confidentiality	<p>Privacy and confidentiality will be upheld out of respect for the individual(s) and families. If the individual wishes for their name to be released, then we will respect the wishes of the individual.</p>		

See reverse for additional information ->

Covid19 Symptoms:

Symptoms of COVID19 can vary from person to person. They may also vary in different age groups. Some of the more commonly reported symptoms include:

- new or worsening cough
- shortness of breath or difficulty breathing
- temperature equal to or over 38°C
- feeling feverish
- chills
- fatigue or weakness
- muscle or body aches
- new loss of smell or taste
- headache
- gastrointestinal symptoms (abdominal pain, diarrhea, vomiting)
- feeling very unwell

Children tend to have abdominal symptoms and skin changes or rashes. Symptoms may take up to 14 days to appear after exposure to COVID19.

Self -Test can be found online at <https://bc.thrive.health/covid19/en>

- Call 811 if you need assistance

Definitions:

Case: Person who tested lab positive for COVID-19

Close Contact – individual who has been in close contact with a Case for at least fifteen minutes and potentially exposed while case was infectious. **Close contact is time and space specific ~ Not every person is a close contact, passing someone momentarily is not close contact.**

Cluster – a group of people positioned closely together – a family or household.

Exposure:

Outbreak (check IH for school exposures)

TO DO:

- Reference: AEA Covid19 Plan review their plan
- Workspace of case positive will need simple regular cleaning when case goes home
 - Cleaning and disinfecting public settings from BCCDC
- Dr. Enns will do a short video – FAQ Dialogue with Ahousaht to share with community
 - I.e. Common way of transferring the infection
 - Workplace/ Close Contact... for example

??? AD – Consequences

- Security >> Safety Ambassadors >>> share with the safety teams.
 - Security
 - RCMP
 - Witwaak

First Responders

- Times they respond and sometimes they do not
 - Flu season >> Pandemic
- Preventative measures >> inclusive
- Safety PPE kits
- Not leave anyone unattended

See reverse for additional information ->