

Job Title**Cook – Ahousaht Wellness Center****Position Type:** Full-time (up to 40 hours/week), Permanent**Location:** Ahousaht Wellness Center, Ahousaht, BC**Reports To:** Wellness Center Coordinator**Position Summary**

The Cook is responsible for preparing healthy, balanced, and culturally respectful meals (lunch and dinner) for program participants, visitors, and staff of the Ahousaht Wellness Center. This role includes menu planning, grocery shopping or ordering, maintaining a clean and organized kitchen, and supporting overall community wellness through food security and nourishment.

Key Responsibilities

- Prepare and serve nutritious lunches and dinners in alignment with Wellness Center schedules and programs.
- Plan weekly menus that reflect local foods, seasonal availability, and traditional Ahousaht values.
- Create shopping lists and place supply orders; track food inventory and minimize waste.
- Maintain food safety, cleanliness, and organization in the kitchen, dining, and storage areas.
- Adhere to all food handling, health, and safety protocols.
- Support community events, workshops, and gatherings by preparing and serving meals as needed.
- Work collaboratively with staff to ensure meals support wellness programming and special dietary needs.
- Build positive relationships with community members through kindness, respect, and good communication.

Qualifications and Skills

- Cooking experience (formal training or comparable experience preferred).
- Food Safe Level 1 certification (or willingness to obtain).
- Strong organization and time management abilities.
- Knowledge of nutrition and cultural foods relevant to the Ahousaht community.
- Ability to manage food budgets and plan balanced menus.
- Team-oriented, reliable, and respectful in all interactions.

Working Conditions

- Monday to Friday, with flexibility for some evening/weekend meals during events.
- Indoor kitchen environment, occasional lifting (up to 40 lbs).
- Collaborative team atmosphere, respectful communication expected.

How to Apply

Submit your resume and a brief cover letter to the **Ahousaht Wellness Center Coordinator** at info.wellness@ahousaht.ca or drop off in person at the Wellness Center. Applications will remain open until the position is filled.